RAMS Awards Committee
The RAMS Awards Committee is responsible for the management of the annual awards presented by the RAMS Board to resident and medical student members in recognition of excellence. Committee tasks include reviewing nominations, selecting recipients, and developing new awards and guidelines.

RAMS Education Committee
The RAMS Education Committee is responsible for developing content and offerings that will enhance the education of emergency medicine residents. In conjunction with SAEM’s Program Committee, the committee also plans and organizes the resident and medical student educational track at SAEM’s annual meeting. Dodgeball, the RAMS (Resident and Medical Student) Party, and other resident and/or medical student focused activities at SAEM’s annual meeting are also under the purview of the RAMS Education Committee.

RAMS Membership Committee
The RAMS Membership Committee is responsible for ensuring that the membership needs of SAEM’s residents and medical students are met. The committee identifies avenues for acquiring new members and makes recommendations to the RAMS Board for enhancements and/or new member benefits for residents and medical students.

RAMS Mentorship and Career Development Committee
The RAMS Mentorship and Career Development Committee is responsible for developing mentoring opportunities for residents and medical students. The committee identifies resources to assist residents in the successful completion of their residencies and provides guidance to residents and medical students who wish to pursue careers in emergency medicine academics or research.

RAMS Nominating Committee
The RAMS Nominating Committee is responsible for reviewing all nominees for RAMS Board positions and recommending an official slate of nominees to the RAMS Board for their approval of the slate that goes to RAMS members for voting.

RAMS Research Committee
The RAMS Research Committee is responsible for identifying resources and developing educational content for residents and medical students who are interested, or may be currently involved in, emergency medicine research. The committee also investigates the feasibility of creating research workshops for residents and medical students.
RAMS Committee Descriptions

RAMS Social Media and FOAM Committee
The RAMS Social Media and FOAM Committee is responsible for identifying and recommending the best channels through which to reach resident and medical students (e.g., blogs, a resident and medical student newsletter, podcasts, and/or regular articles in SAEM Pulse). Additionally, the committee reviews existing FOAM content and suggests new content that might be of interest to emergency medicine residents and medical students.

RAMS Wellness and Resilience Committee
The RAMS Wellness and Resilience Committee is responsible for investigating initiatives, including activities at the SAEM annual meeting, that focus on improving the overall, general well-being of emergency medicine residents and medical students. The committee recommends to the RAMS Board which activities or initiatives should be implemented.