



ADVANCED  
PERFORMANCE  
IN MEDICINE

# COACHING IN MEDICINE

# HELLO MY NAME IS

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# DISCLOSURE

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Faculty: Dr Nadim Lalani

Relationships with commercial interests:

Grants/Research Support: \$2000

Speakers Bureau/Honoraria: NONE

Consulting Fees: NONE

Other: Professional Coach | Partner Doctorevolution



UNIVERSITY OF  
CALGARY







# OBJECTIVES

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What is  
Coaching



Coaching in  
**Medicine**



12 Conv



GROW  
model  
Conv No2

# IMAGINE

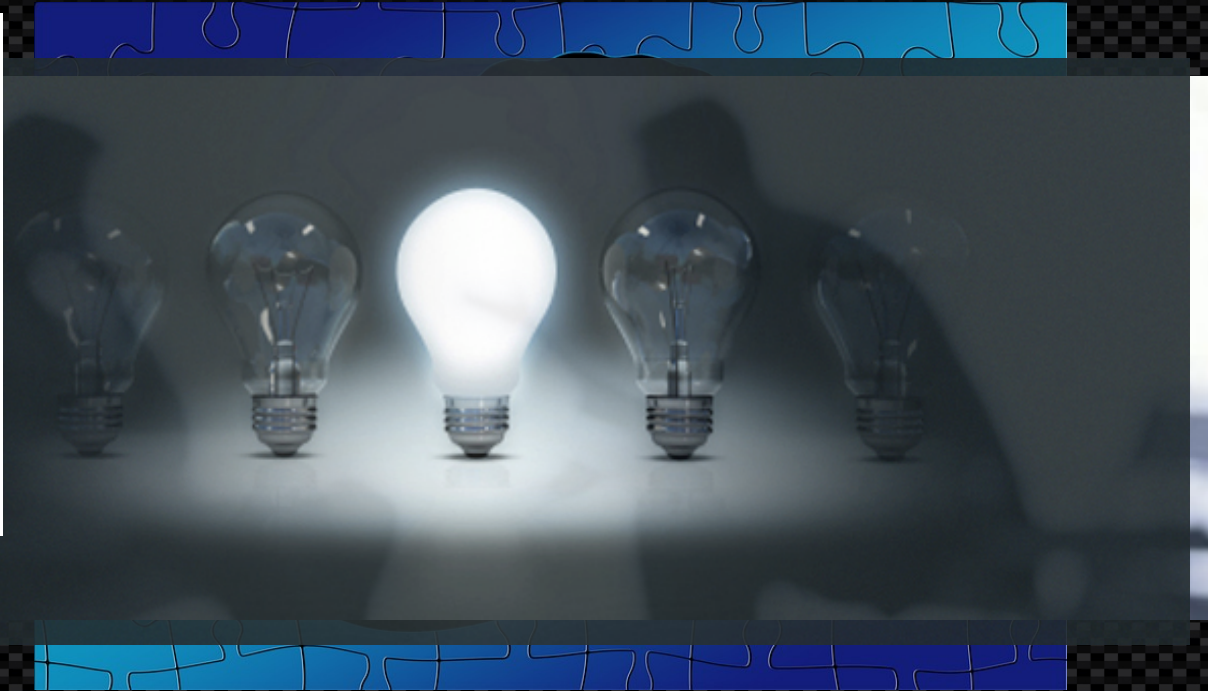
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# WHAT IS COACHING

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# COACHING IN MED

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# U OF C COACHING INTERVENTION



12

Self talk  
Inner trolls  
Values | beliefs  
EQ  
Brand | Mission | Purpose

# INDICATIONS | CONTRAINDICATIONS





# KEY SKILLS

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# ANATOMY OF COACHING CONVERSATION

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**G**

GOAL

**R**

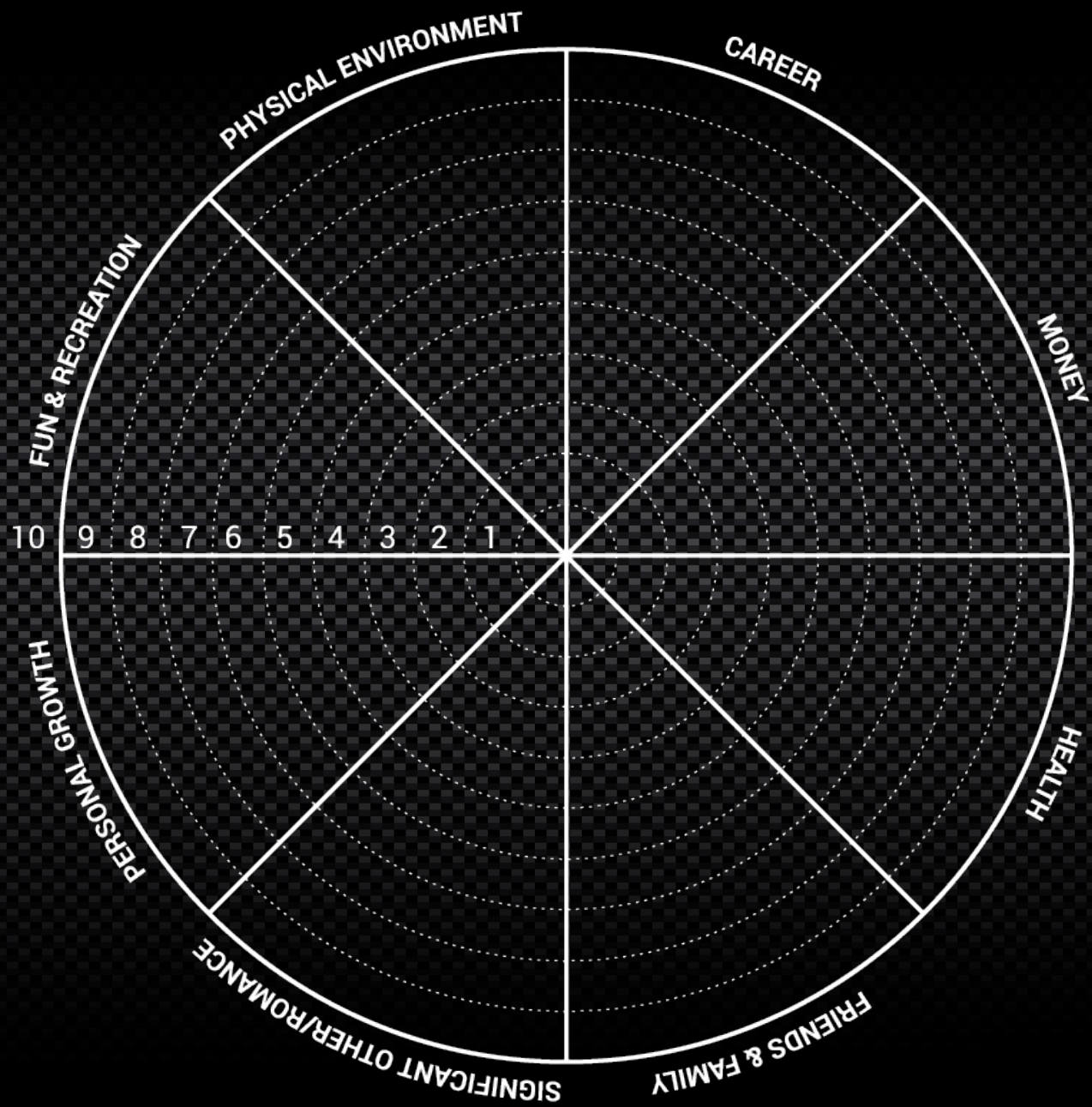
REALITY

**O**

OPTIONS

**W**

WAY >>







# ANATOMY OF COACHING CONVERSATION

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# QUESTIONS?





# SUMMARY

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GROW  
model

