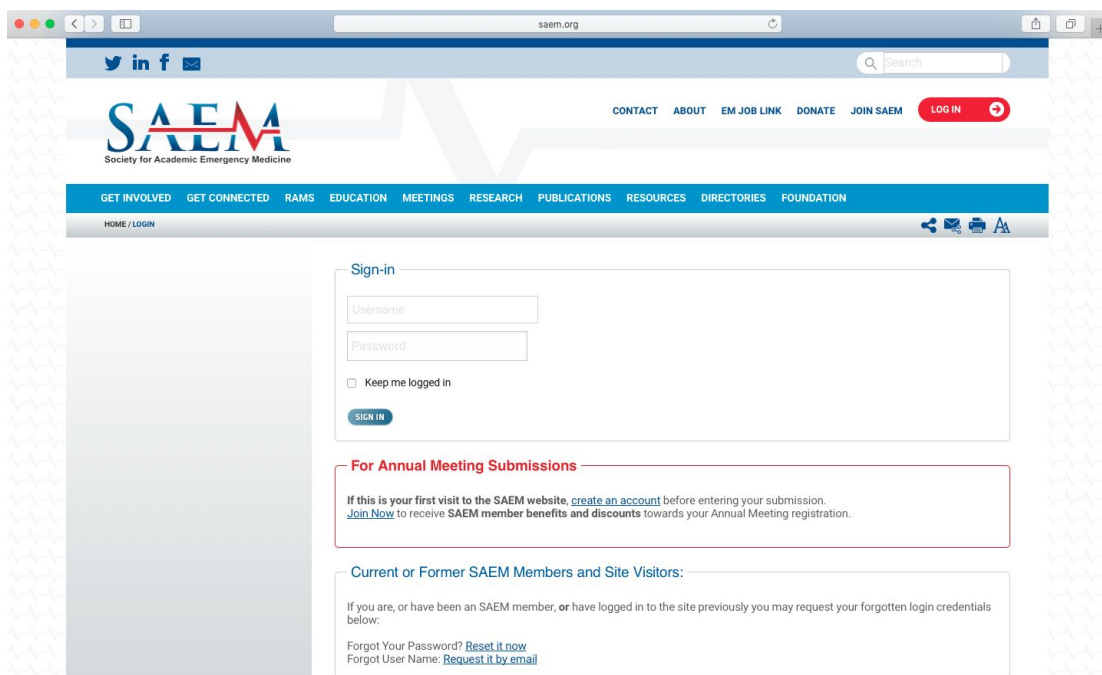


Update Your SAEM Individual Profile in 5 Easy Steps

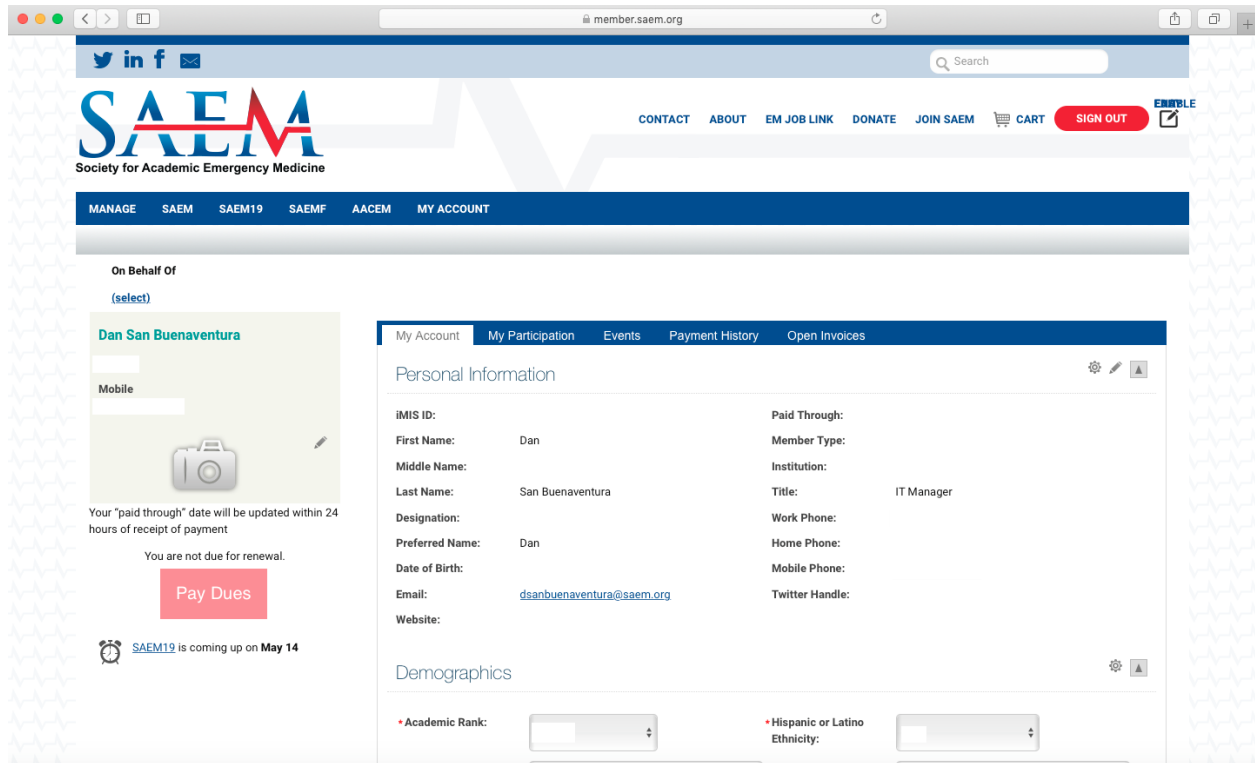
1. Go to SAEM.org and click “Log In” in the upper, right-hand corner of the screen.



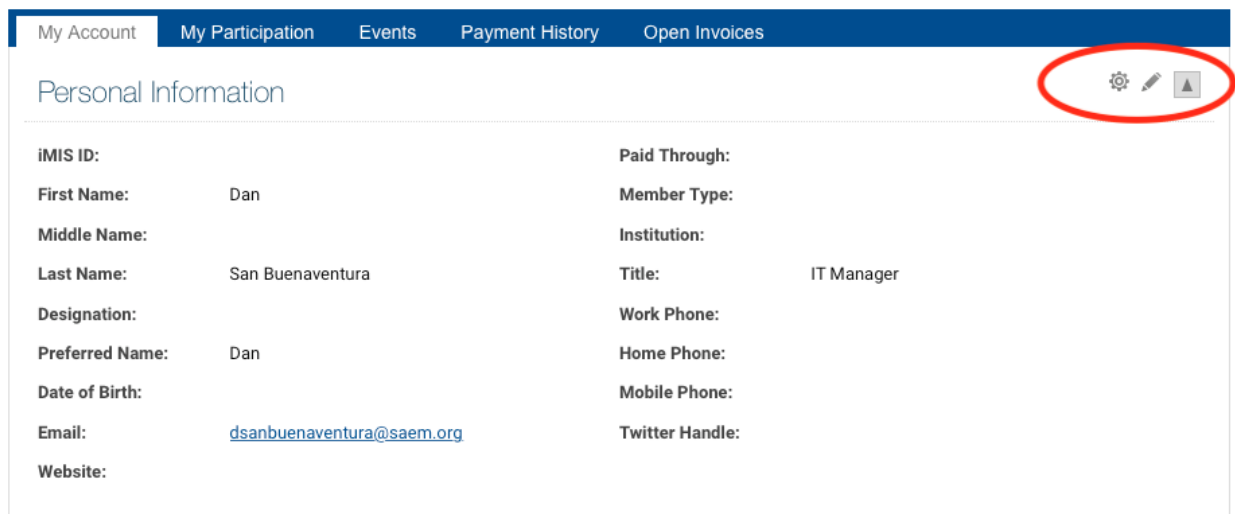
2. Enter your SAEM username and password. (Forgot your password? [Reset it now](#). Forgot your username? [Request it now](#).)



3. Click on “My Account” in the upper, right-hand corner of the screen and the page should look like this:



4. To edit your personal information, click on the pencil icon in the upper right-hand corner of the screen.



5. To edit Demographics just select the response from each drop down list.

The screenshot shows a 'Demographics' form with several fields: Academic Rank, Gender, Hispanic or Latino Ethnicity, and Race. The Gender dropdown menu is open, showing options: (Select), Male (checked), Female, Transgender Male, Transgender Female, Gender Fluid or Non-Conforming Gender, Other, and Do not wish to disclose. Below the form is an 'Address' section with tabs for 'Business' and 'Alternate'.

6. Once you have completed your updates, click “Save” at the bottom of the page.

The screenshot shows a 'Connect With Me' section with the text 'There are no social profiles defined.' Below this section, there are 'Save' and 'Cancel' buttons.

7. When you are finished with your updates, click “Log Out” in the upper right-hand corner of the screen.

The screenshot shows the SAEM (Society for Academic Emergency Medicine) website. The header includes the SAEM logo and a navigation bar with links: GET INVOLVED, GET CONNECTED, RAMS, EDUCATION, MEETINGS, RESEARCH, PUBLICATIONS, RESOURCES, DIRECTORIES, and FOUNDATION. The main content area features 'RAMS Roadmaps' with icons for Critical Care, Medical Education, Research, Ultrasound, Administration, EMS, Pediatrics, Simulation, and Wilderness Medicine. The right sidebar shows 'EVENTS AND MEETINGS' for May 14 and 15, 2019. The 'LOG OUT' button is circled in the top right corner.